

SYMR

BIBLE READING SCHEDULE

- ☐ **DAY 1** PSALM 119:1-8
- ☐ **DAY 2** PSALM 119:9-16
- ☐ **DAY 3** PSALM 119:17-24
- ☐ **DAY 4** PSALM 119:25-32
- ☐ **DAY 5** PSALM 119:33-40
- ☐ **DAY 6** PSALM 119:41-48
- ☐ **DAY 7** PSALM 119:49-56
- ☐ **DAY 8** PSALM 119:57-64
- ☐ **DAY 9** PSALM 119:64-72
- ☐ **DAY 10** PSALM 119:73-80
- ☐ **DAY 11** PSALM 119:81-88
- ☐ **DAY 12** PSALM 119:89-96
- ☐ **DAY 13** PSALM 119:97-104
- ☐ **DAY 14** PSALM 119:105-112
- ☐ **DAY 15** PSALM 119:113-120
- ☐ **DAY 16** PSALM 119:121-128
- ☐ **DAY 17** PSALM 119:129-136
- ☐ **DAY 18** PSALM 119:137-144
- ☐ **DAY 19** PSALM 119:145-152
- ☐ **DAY 20** PSALM 119:153-160
- ☐ **DAY 21** PSALM 119:161-168
- ☐ **DAY 22** PSALM 119:169-176

**Your word is a lamp for my feet,
a light on my path.** Psalm 119:105

Time spent reading our Bible daily is one of the most rewarding and life-giving habits we can make. It was Jesus who said, **"It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"** So much of who we are as people is the product of our regular routines and practices. Our lives are shaped by our habits and our habits reflect that which we truly love.

**Oh, how I love your instructions!
I think about them all day long.**
Psalm 119:97

A new year is a great time to start a new habit! To help us do this together, we have put together a 22-day reading plan that takes us through Psalm 119. The readings only take about 2 minutes. Try to read one every day. They say it only takes 21 days to make a new habit. We have 22.

Before you read, begin with this prayer:

You say we do not live by bread alone, but by every word that comes from your mouth. Make me hungry for what you say is good. Open my ears to hear you and my eyes to see you. Stir my heart to love your Word as an expression of who you are and a witness to your goodness and grace. Amen.

